



Volume 30

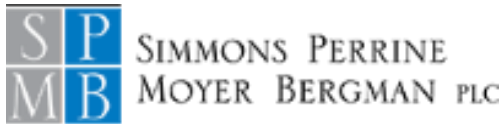
Fall 2018

REFLECTIONS ... A newsletter for friends of the CWH

2018 3rd Annual Fundraiser

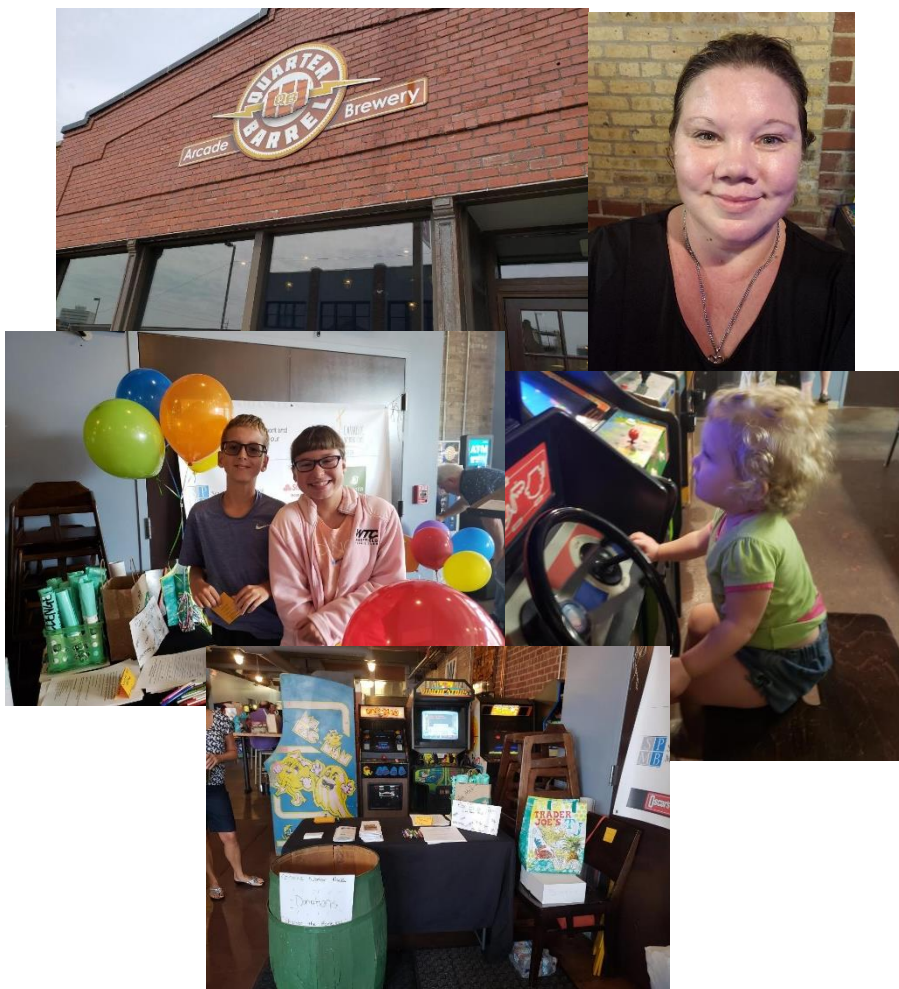
THANK YOU to our sponsors! We are thankful for your support. The Catholic Worker House uses every donor dollar for operational costs to shelter our clients

Please utilize the services of our sponsors. While there, be sure to thank them for their support of Catholic Worker House. Their generosity contributes greatly to the continuance of our services.



2018 3rd Annual Fundraiser - Continued

Thank you so much to everyone who came out to St. John Of The Cross Catholic Worker House 3rd Annual Fundraiser on August 26, 2018– it was a fun afternoon with good food, arcade games, and incredible community. Special thanks to the volunteers who helped with the event. Thanks also to Quarter Barrel—we couldn't have done it without you! We hope to see you all again next year. Save the date - August 25, 2019!





100+ WHO CARE
CEDAR RAPIDS METRO

***Congratulations to
St John of the Cross
Catholic Worker House
for being our Q3-2018
winner!***

100+ Who Care is an organization of people interested in supporting the local community in the Cedar Rapids Metro. Members of 100+ commit to giving \$100 each quarter to a local charity chosen by the group.

After an independent review of more than 462 worthy applications, St. John of the Cross Catholic Worker House is a recipient of a Theisen's More for Your Community Grant. This grant will be a cash award of \$1,000.00

***Congratulations for being our
Q3-2018 winner!***





13th Annual Five Seasons Stand Down

By Larissa Ruffin

Each September Linn County organizes the Five Seasons Stand Down. This event includes homeless and near-homeless veterans and non-veterans.

Do you know what stand down means? It means to relax or cause to relax after a state of readiness. Today, Stand Down refers to a community-based intervention program designed to help the nation's estimated 200,000 homeless veterans and their families "combat" life on the streets. This event is traditionally a day of relaxation, information and fun! Over 60 nonprofit organizations provided information on local resources. Organizers also provided free transportation and food, which is always a plus for our clients!

We see many past and current clients at this event each year and the event just keeps growing! Thank you to the Linn County VA and Five Seasons Stand Down planning community!





Autumn's

Breakfast



Brigade

Hi, my name is Autumn Schulte and I am 11 years old. In the month of August, I started my own food drive called Autumn's Breakfast Brigade. I collected food items including cereal, oatmeal, bacon, juice, granola bars and more. In the month August, I collected over 130 food items.

Why did I do it? I was inspired by my mom and my dad because they always make a difference in the community. Also, I decided to do it because to me breakfast is the most important meal of the day. Every day before school/work, every person should eat a good meal to start off the day.

Another, reason why I did it is because you need to get the nutrients and calories to get you through your day. Also, breakfast benefits your appetite and if you don't eat breakfast you will increase your hunger.

I would like to thank everyone that donated to Autumn's Breakfast Brigade. Every item you donated made a small difference in the community and you helped out someone's health.





Catholic Worker House:
Performing Works Every Day In the Community

By Jennifer Schulte
St. Jude's Church

Throughout our day, we might tell someone to have a good day. We say these words with the best intentions, but have we ever thought of what we would do if we knew someone wasn't going to have a good day? Would we change our words or our actions, meaning, taking steps to ensure that the person does indeed have a good day?

Saint James says that if we tell someone, *“Go in peace, keep warm and eat well,” but we didn't give them the necessities of the body, did we do good?*

Each day at the Catholic Worker House, staff and volunteers demonstrate faith and works. Everyone works tirelessly to ensure that clients have a clean and safe place to sleep, food in their stomach and clothes on their back, each and every day. It is the works of the house that creates a sense of warmth and love to a vulnerable population.

The house is always in need to meals to carry out our works. Please consider signing up to provide a meal. If cooking for 25 isn't your thing, gift cards to HyVee are appreciated. Be sure to follow us on Facebook and know when the house is in need of special and unique items.

“I will demonstrate my faith to you from my works.”



If you would like to receive our newsletter electronically please email us at stjohncwh@msn.com.



Check our Facebook page

St John of the Cross catholicworkerhouse

Or visit us at www.catholicworkerhouse.org

Top Donation Needs

For CWHX – Our

New Extension House

- New Vacuum
- 24 Sets Silverware
- 24 Sets Plates & Bowls
- 12-24 New Plastic Glasses
- Hand Soap
- Laundry soap pods
- All cleaning supplies
- Pine-Sol
- Bleach
- Dryer sheets
- Sugar
- Coffee
- Kitchen garbage bags
- Paper towels
- Contractor bags
- Dish soap
- Dish washer pods
- Shampoo/Conditioner
- Diapers





1027 Fifth Avenue SE
P.O. Box 2321
Cedar Rapids, Iowa 52406
319-362-9041